3+2 M.S. IN ATHLETIC TRAINING PROGRAM

An athletic trainer (AT) is a health care professional who is nationally certified and state licensed to provide services and treatment to patients and clients. ATs provide primary care, injury and illness prevention, wellness promotion and education, emergent care, examination and clinical diagnosis, therapeutic intervention, and rehabilitation of injuries and medical conditions. ATs work in a wide variety of settings. These include: athletics at all levels, schools, clinics and hospitals, commercial and industrial workplaces, the performing arts, government and military organizations, fitness and wellness centers, and community and recreational facilities.

The 3+2 Master of Science in Athletic Training Program

King's College offers a five-year Master of Science in Athletic Training (MSAT) Program. This program is composed of two parts: a three-year pre-professional phase and a two-year professional phase. A student who successfully completes this program will earn a Bachelor of Science in Exercise Science degree and a Master of Science in Athletic Training degree.

King's College has had an accredited undergraduate athletic training program since 2001. Our MSAT Program is not yet accredited. We have applied to transition from a bachelor's degree program to a master's degree program and will be reviewed by the Commission on Accreditation of Athletic Training Education during the 2020-21 academic year. Given our strong history of accreditation, we fully expect the MSAT Program to be accredited by June 2021.

The Pre-Professional Phase

During the first three years (six academic semesters) of the program, students are enrolled in our Exercise Science major and are working toward a Bachelor of Science in Exercise Science degree. Coursework includes foundational science courses, major courses, and Core courses. Students in the pre-professional phase must meet all progression criteria to advance through the program and be eligible to enter the professional phase. Once a student has completed the third year (sixth semester) and met all progression criteria, they will begin the professional phase.

The Professional Phase

During the final two years of the program, students will be enrolled in Athletic Training major coursework at the graduate level and will complete a variety of clinical rotations. All courses are taught by full-time faculty with contemporary expertise and clinical practice experience in athletic training. Clinical rotations include up to 22 weeks of immersive experience in athletic training settings with experienced preceptors. Some unique locations where our students have had clinical experiences include: the Philadelphia Eagles, the Philadelphia Flyers, the Wilkes-Barre/Scranton Penguins, Camp Woodward (extreme sports camp), and Pennsylvania Special Olympics. Students must meet all progression criteria to advance through the program. Upon successful completion of the fourth year, students will graduate with a Bachelor of Science in Exercise Science degree. Upon successful completion of the fifth year, students will graduate with a Master of Science in Athletic Training degree.

Placement Highlights

Our alumni have found success in a variety of setting. Examples include:

- **Sarah Richards, '16**: Athletic trainer and research projects coordinator, Geisinger Orthopaedics & Sports Medicine
- **Caroline Fitch, '15**: Athletic trainer, University of Virginia
- **Michael Bannon, '11**: Head athletic trainer, Hazleton Area High School

To learn more about majoring in Athletic Training at King's College, please contact the Office of Admission at 1-888-KINGS PA or admissions@kings.edu.

3+2 M.S. in Athletic Training Program (154 Credits)

Suggested Sequence

A suggested course sequence of degree requirements is listed below. Refer to the college catalog for course titles, descriptions, and prerequisites. Always consult your Academic Advisor when planning and scheduling your classes.

PRE-PROFESSIONAL PHASE (YEARS 1 – 3)			
1st Year - Fall	**cr.**	**1st Year - Spring**	**cr.**
AT 100 Intro. to the Athletic Training Profession	1	AT 120 Principles of Biology for Health Sciences	3
EXSC 101 Introduction to Exercise Science	3	EXSC 150 Prev., Treat., & Emergency Care of Inj.	3
PHYS 108 Applied Biophysics	3	CHEM 107 General, Organic, & Biochemistry	3
PHYS 108 Applied Biophysics Lab	1	CHEM 107 General, Organic, & Biochemistry Lab	1
Core Course	3	Core Course	3
Core Course	3	Core Course	3
HCE 101 Holy Cross Experience	1		
	15		16
2nd Year – Fall		**2nd Year – Spring**	
EXSC 245 Principles of Health	3	EXSC 290 Exercise Physiology	3
EXSC 280 Clinical Kinesiology & Anatomy	3	BIOL 220 Anatomy & Physiology II	3
BIOL 219 Anatomy & Physiology I	1	BIOL 220L Anatomy & Physiology II Lab	1
BIOL 219 Anatomy & Physiology I Lab	3	Core Course	3
PSYC 101 Intro to Psychology	3	Core Course	3
Core Course	3	Core Course	3
	16		16
3rd Year – Fall		**3rd Year – Spring**	
EXSC 309 Electrocardiology	3	EXSC 310 Assess. & Measurement in Exercise	3
EXSC 330 Alternative Methods of Exercise	3	EXSC 310L Assess. & Measurement in Exercise Lab	1
Core Course	3	EXSC 320 Exercise and Special Populations	3
Core Course	3	EXSC 325 Nutrition & the Athlete	3
Core Course	3	MATH 126 Introduction to Statistics	3
		Core Course	3
	15		16
PROFESSIONAL PHASE (YEARS 4-5)			
4th Year – Summer			
AT 400 Foundations of Athletic Training	3	AT 405 Pharmacology & General Medicine	2
AT 410 Evidence-Based Medicine I	2	AT 415 Athletic Training Procedures	2
			9
4th Year – Fall		**4th Year – Spring**	
AT 420 Athletic Training Practicum 1	3	AT 425 Athletic Training Practicum 2	3
AT 430 Prevention, Evaluation, & Diagnosis 1	4	AT 435 Prevention, Evaluation, & Diagnosis 2	4
AT 450 Therapeutic Interventions 1	4	AT 455 Therapeutic Interventions 2	4
AT 470 Advanced Human Anatomy	3	AT 475 Head, Neck, & Spine	3
	14		14
5th Year – Fall		**5th Year – Spring**	
AT 520 Athletic Training Practicum 3	4	AT 525 Athletic Training Practicum 4	4
AT 530 Advanced Therapeutic Interventions	3	AT 570 Management & Leadership Strategies	3
AT 540 Psychosocial & Professional Issues	3	AT 580 Nutrition & Wellness	3
AT 550 Evidence-Based Medicine 2	3		
	13		10
Total Credits Required for the 3+2 Master of Science in Athletic Training Program = 154			

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