



PERFORMANCE AND SPORTS SCIENCE

MASTER OF SCIENCE (M.S.)

There has never been a greater demand for fitness and sports professionals who are trained in the latest strength and conditioning science.

By integrating cutting-edge research, practical application, and preparation for certification, our fully online Master of Science in Performance and Sports Science is designed to produce graduates who can thrive in the rapidly evolving fitness and sports industry. This program can be completed in one to two years, allowing you to pursue your degree without compromising professional and personal commitments.

OPPORTUNITIES AT KING'S COLLEGE

Professional recognition. We carefully designed this master's degree to align with the new National Strength and Conditioning Association (NSCA) certification for Performance and Sports Science (CPSS). As a result, a degree from King's carries both our reputation of academic distinction and synergy with the very latest industry trends.

Flexible learning model. Our online and part-time format is perfect for working professionals and allows you to seamlessly integrate your academic pursuits with your professional and personal responsibilities.

Global faculty. Engage with top sports scientists and professionals from around the world, gaining insights from those who work directly with elite athletes.

Comprehensive curriculum. Our program bridges the gap between traditional knowledge and emerging trends, offering advanced courses on sports performance analysis, data analysis and interpretation, and technology advancements.

Community engagement and networking. Our program fosters a vibrant community of learners through online platforms, enabling students to engage in discussions, share experiences, and build a valuable professional network.



MIROSLAW BABIARZ, M.S., PH.D.(c)
Faculty

Mirosław is a strength coach from Poland, serving as the Head Strength and Conditioning Coach for the Poland Rugby XV National team and the Poland Weightlifting National teams. He has worked with notable athletes, authored three bestselling books, and has worked at Temple University and the University of Redlands, and co-created the SCEC Strength and Conditioning Academy, accredited by the NSCA.



**KING'S
COLLEGE**
TRANSFORMATION. COMMUNITY. HOLY CROSS.



CAREER OPPORTUNITIES

Graduates with a master's degree in performance and sports science often excel as performance analysts for professional sports teams, strength and conditioning coaches, sports scientists at research institutions, and fitness program directors in health and wellness organizations.

- Performance Analyst for professional sports teams
- Strength and Conditioning Coach
- Sports Scientist at research institutions
- Fitness Program Director in health and wellness organizations
- Exercise Physiologist
- Sports Management Professional
- Rehabilitation Specialist
- Sports Coach or Instructor

APPLICATION REQUIREMENTS

Please visit kings.edu/performance to review the detailed list of application requirements.

- Bachelor's degree
- A minimum undergraduate 2.75 GPA
- Significant coursework in exercise science, kinesiology, sports science, or a related field
- NSCA CSCS certification
- Two letters of recommendation
- Personal statement
- Relevant professional experience
- Resume or curriculum vitae
- Completion of prerequisite courses
- Video proficiency demonstration of the Olympic lifts

\$90,961

AVERAGE ANNUAL SALARY
RANGES FROM \$78,477 TO \$90,961
PER YEAR IN THE UNITED STATES

300

INDIVIDUALS WORLDWIDE
HOLD THE CPSS, INCLUDING
OUR PROGRAM DIRECTOR, JAN
KRETZSCHMAR, PH.D.

CONTACT US

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