3+2 M.S. in Athletic Training Program (154 Credits)

Suggested Sequence

A suggested course sequence of degree requirements is listed below. Refer to the college catalog for course titles, descriptions, and prerequisites. Always consult your Academic Advisor when planning and scheduling your classes.

| PRE-PROFESSIONAL PHASE (YEARS I – 3) | | | |
|---|------------------|--|---------|
| Ist Year - Fall | cr. | Ist Year - Spring | cr. |
| AT 100 Intro. to the Athletic Training Profession | I | AT 120 Principles of Biology for Health Sciences | 3 |
| EXSC 101 Introduction to Exercise Science | 3 | EXSC 150 Prev., Treat., & Emergency Care of Inj. | 3 |
| PHYS 108 Applied Biophysics | 3 | CHEM 107 General, Organic, & Biochemistry | 3 |
| PHYS 108 Applied Biophysics Lab | Ī | CHEM 107 General, Organic, & Biochemistry Lab | Ĭ |
| Core Course | 3 | Core Course | 3 |
| Core Course | 3 | Core Course | 3 |
| HCE 101 Holy Cross Experience | J | Core Course | 3 |
| THE TOT HOLY CLOSS Experience | 15 | | 16 |
| 2 nd Year – Fall | | 2 nd Year – Spring | |
| EXSC 245 Principles of Health | 3 | EXSC 290 Exercise Physiology | 3 |
| EXSC 280 Clinical Kinesiology & Anatomy | 3 | BIOL 220 Anatomy & Physiology II | 3 |
| BIOL 219 Anatomy & Physiology I | Ĭ | BIOL 220L Anatomy & Physiology II Lab | Ī |
| BIOL 219 Anatomy & Physiology I Lab | 3 | Core Course | 3 |
| PSYC 101 Intro to Psychology | 3 | Core Course | 3 |
| Core Course | 3 | Core Course | 3 |
| Core Course | 16 | Core Course | 16 |
| 3 rd Year – Fall | 10 | 3 rd Year – Spring | 10 |
| EXSC 309 Electrocardiology | 3 | EXSC 310 Assess. & Measurement in Exercise | 3 |
| EXSC 330 Alternative Methods of Exercise | 3 | EXSC 310L Assess. & Measurement in Exercise Lab | J |
| Core Course | 3 | | ı 2 |
| Core Course | | EXSC 320 Exercise and Special Populations EXSC 325 Nutrition & the Athlete | 3 |
| | 3 | | 3 |
| Core Course | 3 | MATH 126 Introduction to Statistics | 3 |
| | 15 | Core Course | 3 16 |
| PRC | | HASE (YEARS 4-5) | 10 |
| 4 th Year – Summer | 71 25510117 (2.1 | 11/102 (12/110 13) | |
| AT 400 Foundations of Athletic Training | 3 | AT 405 Pharmacology & General Medicine | 2 |
| AT 410 Evidence-Based Medicine I | 2 | AT 415 Athletic Training Procedures | 2 |
| AT 410 Evidence-based Fledicine 1 | 2 | At 413 Actived training trocedures | 9 |
| 4 th Year – Fall | | 4 th Year – Spring | |
| AT 420 Athletic Training Practicum I | 3 | AT 425 Athletic Training Practicum 2 | 3 |
| AT 430 Prevention, Evaluation, & Diagnosis I | 4 | AT 435 Prevention, Evaluation, & Diagnosis 2 | 4 |
| AT 450 Therapeutic Interventions I | 4 | AT 455 Therapeutic Interventions 2 | 4 |
| AT 470 Advanced Human Anatomy | 3 | AT 475 Head, Neck, & Spine | 3 |
| 711 170 Navanced Flamail Amazoniy | 14 | 711 173 Flead, Fleck, & Spille | 14 |
| 5 th Year - Fall | | 5 th Year – Spring | |
| AT 520 Athletic Training Practicum 3 | 4 | AT 525 Athletic Training Practicum 4 | 4 |
| AT 530 Advanced Therapeutic Interventions | 3 | AT 570 Management & Leadership Strategies | 3 |
| AT 540 Psychosocial & Professional Issues | 3 | AT 580 Nutrition & Wellness | 3 |
| AT 550 Evidence-Based Medicine 2 | 3 | | _ |
| | 13 | | 10 |
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