Awakening to God’s Presence

Live a balanced life, for neither discouragement nor pride serves us well. And neither truly reflects who we are. God is more gentle with us than we are with ourselves. God balances ups and downs, the good times with the not-so-good times. We could become too proud if all those around us were admirers. And disheartening would be our lot if all were critics. We need a discerning ear, a listening heart, a sense of balance and humor. We should not expect only good times and eschew the bad. The important point is to do everything and accept everything in conformity to God’s will.
Living by God’s Grace

Be gentle as God is gentle.

Acknowledging God’s Gifts

May this night’s rest
be filled
with the peace and quiet
that will refresh
my efforts for tomorrow.
Accept this day, God,
and all it held for me.
Make holy tomorrow
and whatever it may bring.
Help me to live
the grace of balance,
seeing and celebrating
your will
ever around me,
guiding me,
beckoning me.
I want to live that grace.
For this day, thank you.
Bless this night.
May tomorrow be a fresh beginning.

Praying from the Heart of Holy Cross Spirituality by Joel Giallanza, C.S.C. is used by permission of Ave Maria Press. All rights reserved. Founded in 1865, Ave Maria Press, Inc. is a ministry of the United States Province of Holy Cross. To learn more about our publishing or to purchase a copy of this book, please visit their website: www.avemariapress.com.